

## Psychology Blizzard Bag Assignment Day #1

### Introduction to Psychology

Directions: You need to answer the following set of questions. You may either print this page and answer directly or answer the questions on your own sheet of paper.

1. What is psychology?
2. What are the four things psychologists try to do?
3. What is the difference between a psychologist and a psychiatrist?
4. Define the term basic science.
5. Define the term applied science.
6. Define dream analysis.
7. Define free association.

### Matching-

Match the psychologist with his effect on the study of psychology.

8. \_\_\_\_ & \_\_\_\_ Wilhelm Wundt
  9. \_\_\_\_ & \_\_\_\_ Sigmund Freud
  10. \_\_\_\_ & \_\_\_\_ B.F Skinner
  11. \_\_\_\_ & \_\_\_\_ Jean Piaget
  12. \_\_\_\_ & \_\_\_\_ John B. Watson
  13. \_\_\_\_ & \_\_\_\_ Abraham Maslow
- a. He created the concept of psychoanalysis
  - b. He used his "Little Albert" experiment to condition a child to fear
  - c. He created his theory of cognitive development, children think differently than adults
  - d. He was the world's first psychologist
  - e. He created a hierarchy of needs, needing to satisfy fundamental needs first
  - f. He created the concept of behaviorism
  - g. He studied the unconscious mind, and free association of thoughts and dreams
  - h. He realized the role of consequences in controlling behavior, used operant condition
  - i. He theorized that knowledge grows through childhood
  - j. He theorized the concept of self-actualization, fulfilling one's potential
  - k. He studied structuralism, an attempt to identify the structure of the mind
  - l. He understood positive consequences and probability of repeating action, the principle of reinforcement

## Psychology Blizzard Bag Assignment #2

### The Life Span- Erik Erikson's Psychosocial Development

Directions: You need to answer the following set of questions. You may either print this page and answer directly or answer the questions on your own sheet of paper.

1. List and explain the 8 Stages of Erik Erikson's Psychosocial Development.
2. Be sure to include the approximate age range of each stage.
3. Give a real life example at each stage.

### Psychology Blizzard Bag Assignment Day #3

#### The Life Span- Adulthood

Directions: You need to answer the following set of questions. You may either print this page and answer directly or answer the questions on your own sheet of paper.

Answers the following questions about the last topic in our life span- middle and late adulthood.

1. Define dementia.
2. Define Alzheimer's.
3. Define senile.
4. Explain the difference between dementia and Alzheimer's.
5. Define the term crystallized intelligence.
6. Define the term fluid intelligence.
7. Describe the term "midlife crisis."
8. Describe the term "empty nest syndrome."
9. Describe the term "baby boomers."
10. Describe the term "sandwich generation."
11. Find the life expectancy for men and women in the United States.
12. What are the top ten causes of death in the United States.